

Herald Sun

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November 13, 2010



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sunshine

EXPERIENCE THE JOYS OF FAMILY

Sunny joy





 **Love it** 

- Give your kitchen a lift with cotton tea towels (opposite) by La Cerise sur le Gateau; \$34 each. ● Bright Sofia cane ottomans (left inset) are \$129 each, from Equator. ● Designer Samantha Robinson has come up with a charming range of china (bottom left), from \$36.95 for a cup, from Husk. ● Give your table a lift with the Doilie tablecloth in berry red (this page), from \$59.95, from Dandi.



2
smell

Fill the home with the scent of fresh summer blooms, like lavender and jasmine. Pop beautiful vases of cut flowers in spaces that generally miss out, like the kitchen and bathroom.

And use nature's other offerings to decorate the house, with a glass bowl full of lemons on a side table, greenery arranged as a centrepiece, or a jug full of herbs on the windowsill.

Take in the smell of the neighbour's barbie wafting over the fence, the smell of candles in the garden as dusk moves in, sunblock and insect repellent fragrances indelibly linked with summer, and a moistened garden as welcome rain falls.

The summer kitchen is full of aromas as you mix lemon juice and balsamic vinegar for salad dressings, and herbs and spices for barbecue marinades. ➤

Summer sun makes things sparkle just that bit brighter, so you'll be rewarded outdoors getting the garden you like it. Summer annuals will brighten decks, and petunias, marigolds are just a few of the seedlings to enjoy the full summer sun and produce colour. Try your hand at harvesting cherry tomatoes, lettuce, radish and capsicum, the sight of a laden garden.

Treat yourself to a new dinner setting in bold summer shades like berry red, citrus orange, lime green and bright yellow, or a platter or salad bowl with a summery nautical or underwater theme.

Beach or pool towels flapping on the line, thongs, buckets and spades by the front door and a cricket bat and stumps out the back herald days full of heat, as does studying the map on the TV weather report to see if tomorrow will be bearable or a real scorcher, and watching out the window as a grateful bird heads to your birdbath on a particularly hot day.

My favourite summer sight



Nadia Townsend
Actor, Channel 7's *City Homicide*

"I love watching a storm roll in after a super-hot Melbourne day, because then you know there's going to be some relief from the heat."

 **Love it** 

- Enjoy the aroma of summer blooms inside (top right) and out (top left), and herbs like mint (above right).